

Bird News

Congratulations to Jannie Slabbert and Elfride Theron for correctly identifying this raptor bird in our last bird competition (Image 1). They received a sweet prize from the office (Image 2). The African harrier-hawk, otherwise known as the Gymnogone can often be spotted perched on the Polar Trees near the South- Eastern corner of the estate.

With the summer months fast approaching we have seen a steady increase in bird activity. It's a good time to keep an eye out for our very territorial Pintailed Whydah (Image 3). He likes to perch on the electric fence along to the grass walkway, next to the small wetland. This easy to identify male is well known for chasing away other birds from his perch. He has 3 long tail feathers and a bright red beak. Snap a photo of him next time you're in the gardens, even just with your cellphone. Those first to correctly ID him will get a prize at the office.



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Event Calendar: March



Negester Crescent's get together

In February Second avenue hosted a street braai and encouraged other residents to share in the spirit! Dough and Daphne Richardson share how residents in Negester Crescent did just that .

"We decided to have a group lunch for our street residents, 18 in all., Held in the bistro and catered for by Feedem. The bistro was tastefully decorated with flowers and pretty serviettes. A delicious roast lamb and vegetable menu was chosen and plentifully served. Well done to Sjarlene and her capable team for an awesome meal. A special occasion for all.

Event Calendar: May

Annual General Meeting

We had a joyful Bazaar after our AGM in May. There were local coffee vendors, musical performances and a competition as to who came with the most extravagant hat. Good fun!



Farewell Natasha

We said a heartsore goodbye to Natasha and left her with a sweet parting gift. A bouquet made of very rare, valuable flowers!

Event Calendar: June

Mandela Day

On the 18th of June we celebrated Mandela Day. The residents were hard at work knitting 19 blankets to be donated to Cansa. Plans were set to break the world record by making the largest knitted blanket. The goal is to exceed 5,900m².



Event Calendar: June

A Morning with the Mayor

The Mayor Dr Annalie Rabie surprised us with a visit during a residents breakfast organised for the 22 June. It's always good to see leaders who are eager to spend quality time engaging with their constituents.

This meeting with Mayor Rabie was particularly beneficial in building up clear lines of communication with the municipality. Specifically in light of the subsequent devastation from the storms and disruption in water and electricity supply in recent months.



Event Calendar: July

18 July we hosted a special event for the handing over of blankets for the Cansa drive.



Event Calendar: September

On the 15th of September we said happy birthday to Moses. We are very grateful for his handwork & contributions in managing our facilities so well.



21 September: Tremendous effort to connect the apartments in the Care Centre to the generator and keep the lights on during load shedding.



Our Community

Ms Quinn taking in the views of the garden in which she is greatly experienced



Morning of Fire Safety Training for our Staff



Water Crisis

On the 24th of September there was a great rain storm which brought severe flooding and destruction to the region.



Water Crisis

We are very grateful to Elmar and his team for managing the crisis so well and going out of their way to ensure that the estate had a secure supply of water via emergency water tanks and electricity to charge essentials.



Another significant challenge was tending to laundry while water and electricity were in short supply. 320kg of washing from the care centre being delivered to the laundromat in Klienmond.



Water Update

STORM DAMAGE UPDATE: Greater Hermanus

Overstrand Executive Mayor, Dr Annelie Rabie, held an information session on Wednesday morning, 18 October 2023, to update the public regarding the water situation in the Greater Hermanus following the Level 9 storm during the weekend of 23 September 2023. The Overstrand experienced heavy rain and the most severe flooding in history, with more than 120 mm recorded in Hermanus in 24 hours. Mayor Rabie once again requested all to save water and be mindful of water consumption as this will help to keep all areas supplied.

The main points addressed were:

BULK WATER SUPPLY

- De Bos dam is still overflowing
- The water network and reservoirs are full
- The current demand of daily water use is met with supply
- Unfortunately, the Preekstoel Water Treatment Works currently cannot deal with more inflow of water to purify due to the extremely high turbidity of the raw water
- Work is scheduled to start on Monday, 23 October to permanently fix the De Bos dam pipeline in order to be able to provide the higher flows required during peak season
- If all goes according to plan, work should be finished by mid-December and all the pipe repairs and purification processes back to normal
- The Bosplasia sewer pipe rehabilitation will be done as part of the above project

Water Update

WATER RESTRICTIONS AND WATER QUALITY

- Water restrictions remain in place
- No punitive water consumption tariff to be implemented for Greater Hermanus yet
- The water supply is constrained and will be at least until mid-December, by which time the pipes and purification should be back to normal if all goes according to plan
- Tap water is safe to drink and cook with and meets the national drinking water quality standards

ROADS

- Repairs of the damaged R320 Hemel-en-Aarde and road infrastructure are prioritised as it impacts on the livelihoods of our farming community. The road repairs are estimated to cost R80 million
- The R43 at the Kleinmond turnoff needs to be fixed as this is the main route to transport food supplies and medical resources
- Repairs to re-open the flood-damaged N2 at Bot River are underway and the road needs to open as soon as possible

Issued by:

Overstrand Executive Mayor, Dr Annelie Rabie

Travel Along

Turtle and Elmar hit the road

On the 12th of March, Sea Turtle, Elmar and 27,999 other cyclists hit the road to take part in the Cape Town cycle tour.

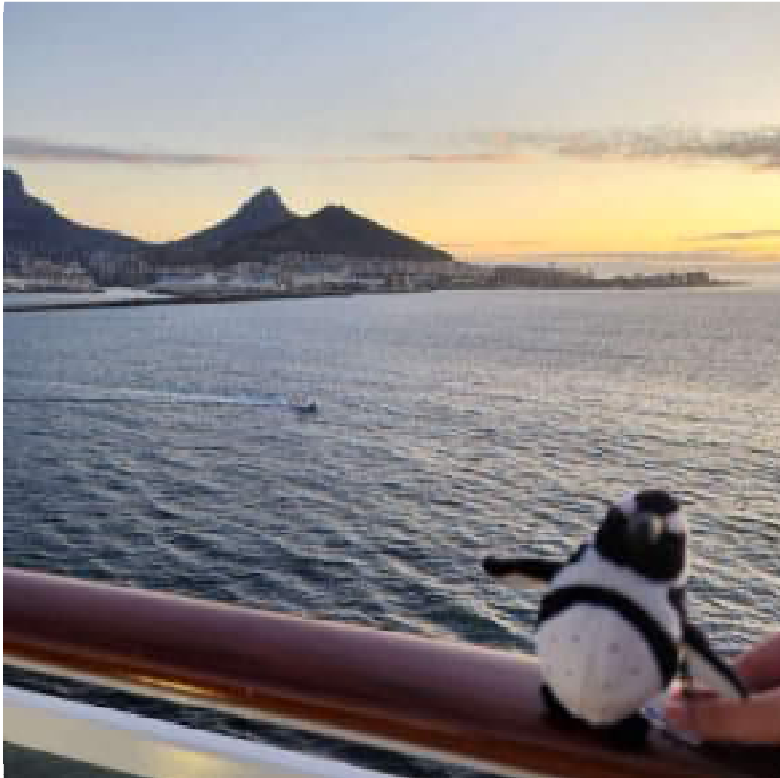
They enjoyed an early morning breakfast before getting on their way. A quick stop in Simonstown for a breather and photo opportunity before taking on the last half of the trip. They finished strong and walked away from the finish line with a well deserved medal. We are very proud of you both!



Travel Along

Penguin's Adventures

Penguin joins Elmar for a little getaway cruise from Cape Town to Walvisbaai in Namibia in April.



Next up, they take on a mountain biking adventure between Elgin and Grabouw



A new fine wine and food expert at Curro's restaurant evening



Travel Along

Leo's Adventures

Leo kindly adopted Gerard and Annelise to go on trips together. Here are some snaps of them visiting the Augrabies Falls together.



Travel Along

Leo visits Germany

He is very worried to learn that the cars drive on the wrong side of the road! But calm is restored after a nice walk in the forest at Mörfelden -Walldorf.



Say hello to our Mascots

These little buddies are waiting to go on an adventure with you. They like to pose with their travel companion for fun, memorable photographs. If you plan a trip, adventure, visit or eat out, make sure you pick up one of the lucky mascots at the admin office to travel with you. Please email or whatsapp your photos and a short summary of your experience/trip to admin and take part in writing our local newsletter.



Our Community

A trip to the silver screen

Hans crosses the Rubicon is a movie about a man whose daughter places him in a nursing home. The film follows his rebellion against the move and how he navigates the big change in his life and the friends he makes along the way.

The lead role of Hans is played by Pierre van Pletzen better known Oubaas from his role in 7de Laan. There were about 20 residents from Negester who went to see the movie at the Whale Coast mall. Pierre van Pletzen and the director of the movie Corne van Rooyen welcomed us before the movie. A big treat!



Our Community

A community of creatives

The talented Juanita van Tonder was so generous to donate her time and effort to redecorate a courtyard that was needing some colour. A wonderful art mural across from some of the apartments. Thank you Juanita for creating such beauty.



Our Community

Meet the Feedem Team

Imagine a place where you wake up to the aroma of food. Freshly cooked, nutritiously healthy, and ever so delicious. No, it is not a dream, it is the reality of waking up here at Negester. Your home by the sea!

The Negester catering service is outsourced to Feedem. And as our name indicates, we have been feeding people since 1975. The onsite management team consists of Sjarlene Scott who is the Food Service Manager. Dillon Gillion is the Assistant Manager, and Kay-Dene Swart is our very competent Supervisor.

Xoliswa Ntlabezi and Andrea Jansen are mainly responsible for cooking the meals. These ladies are assisted in the kitchen by Luntukazi Ngqwemese and Lwandisa Mia. Dalene van Wyk and Portia Mvula ensure that the correct meal reaches the right person. (No easy task, believe me! You will be amazed at the number of menus we receive with no name on it.)

Apart from keeping your tummies full, Feedem is also responsible for keeping the building clean. The House Keeping Team is lead by Andeonica Brown, and her team of Super Troopers are: Elihle Dilayi, Anneline Cupido, Unathi Loleka, Lineo Batimani, Nteboleng Mathibeli and Elizma Jacobs.

Each and every meal is cooked on site. Ingredients are sourced and delivered weekly. We try to accommodate requests. Compliments make us glow, and complaints we take seriously. But what cannot be disputed: being the service provider at Negester, is such a joy!



Our Community

Getting to know Sr Visser

Sister Hannalie Visser was born and raised in Barkly East, in the Eastern Cape. After matriculating she completed four years at the University of the Free State. She has a son and two daughters who have blessed her with three grandchildren. She relocated to Hermanus in 1999 and worked at both Medi Clinic and Pathcare. In 2020 she relocated to Swellendam. But after two years she realized that Hermanus was her first choice and returned to the coast. She accepted a position to start at Negester, one she has not regretted since. We are thankful to have her as part of our team!



New Residents

A very warm welcome to the new residents joining our community.

Apartments

Mr & Mrs Kristafor	Mr Munthing
Mrs Oberholzer	Mrs Wege
Mr Lochner	Mrs Wolfaardt
Mrs Engelbrecht	Mrs Ferreira
Mr Wright	Mrs James
Mrs Molenaar	Mrs Bijl
Mrs Caughlan	Mrs I Duminy
Mrs Martin	Mr J Kelder
Mr & Mrs Brummer	

House

Mr & Mrs Pieterse
Mr & Mrs Shapland
Mr & Mrs Kuhn
Mr & Mrs Van Wyk
Mr & Mrs Erasmus

Health: Business Feature

Janke Uys provides assistance for our breast cancer survivors.



OUR SERVICES

WE ARE A MEDICAL ORTHOTIC
AND PROSTHETIC PRACTICE
THAT SPECIALISE IN:

- FITMENT OF BREAST
PROSTHESES
- BRAS AFTER BREAST
SURGERY
- LYMPHOEDEMA PRODUCTS

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CONTACT US

- ☎ 0728706730
- ✉ JANKE@THEMSTORE.CO.ZA
- 🌐 WWW.THEMSTORE.CO.ZA
- 📍 STELLENBOSCH / HERMANUS

Trustees

Garden Improvements

We are excited about the work our Trustee garden committee has done on the Hermanus side of the sidewalk and also in the rest of the garden in front of the dining hall. Progress on the landscape is looking great, especially as we head into the summer months.

Dam

A second pump has been installed to power the fountains. The pump will also be connected to the generator to ensure they continue during load shedding and avoid clogging of the motor.

This amendment allows the irrigation pump to be used exclusively for sprinklers and for it to "rest" during the day. It also allows for an extra cycle of irrigation throughout the day so that problems with the irrigation system can be identified faster.

Water Supply

The water crisis experienced after the flooding was an important reminder of our dependence on water. As a result, the trustees are looking into the installation of permanent rain water collection tanks with filtration systems to aid in any potential future water shortages. This water supply is essential in maintaining important functions and sanitation of the care centre. Especially given we are still under severe water restrictions until the region's water supply infrastructure is completely restored.



Thank you to Illza Perold for putting in a wider paving for residents to safely enjoy the garden

2023 Rugby World Cup

Negester supports the Springboks!

Come and watch the Final match against New Zealand with us. 28 October 2023 from 20:00 in the dining hall/ Bistro. Feedem will provide snacks and ice cream. Bring your own glasses and drinks. Family and friends are welcome. R100 per person. Payable before Friday 27th October.



Help South Africa win the world cup

